

# Heathgate Medical Practice

The Street Poringland Norwich NR14 7JT

Telephone 01508 494343

Fax 01508 495423

[www.heathgatemedicalpractice.co.uk](http://www.heathgatemedicalpractice.co.uk)

## **Care Information Choices**

### **Making your choice**

NHS Digital uses health and social care information in a number of ways to support your personal care and to improve and develop health and social care services for everyone (through research and planning). In places you receive care, including the surgery, hospitals and community settings, staff will record information about you and your care. The NHS Care Information Choices Programme allows you to decide who can have access to your data.

You can choose to opt out of your information being shared or used for any purpose other than your direct care. There are two types of opt out, you can consider.

#### **Type 1 – opt out**

If you do not want information held by us at the Practice to be shared outside of the Practice, for purposes other than your direct care, you can ask us to record your preference. This prevents any personal information being used other than in particular circumstances required by law, such as a public health emergency like an outbreak of flu.

Place a tick in the box below if you would like to opt out of the Practice sharing your confidential data for purposes other than your direct care and leave this form with the receptionist.

Patient name	
Date of birth	

	<b>Tick</b>
I do not want information that identifies me to be shared outside the GP Practice. <b>Practice use - XaZ89</b>	

#### **National data opt out**

NHS Digital also collects information from a range of places (other than your GP Surgery) where you receive care, including hospitals. If you do not want this personal information to be shared outside NHS Digital, for purposes other than your direct care, you can register a national opt out by visiting the website detailed below.

Please take a note of the web address.

We are unable to register your preference here in the surgery. This must be completed via the national website.

[www.nhs.uk/your-nhs-data-matters](http://www.nhs.uk/your-nhs-data-matters)